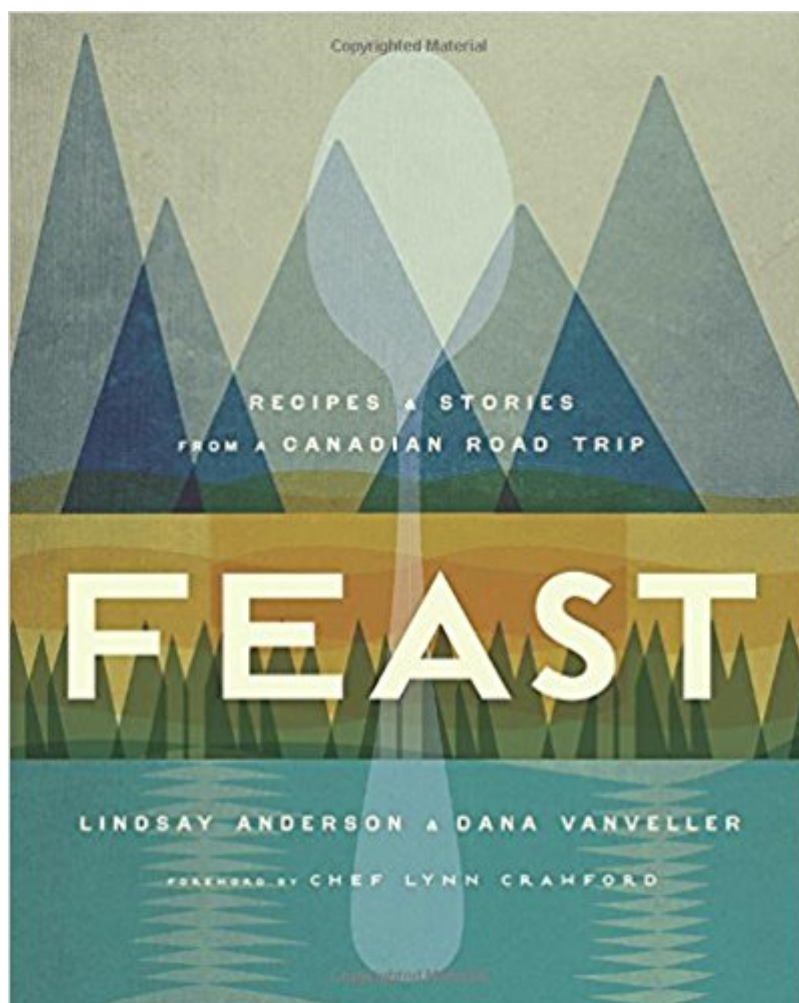


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# Feast: Recipes And Stories From A Canadian Road Trip



## Synopsis

Two friends. Five months. One car. Ten provinces. Three territories. Seven islands. Eight ferries. Two flights. One 48-hour train ride. And only one call to CAA. The result: over 100 incredible Canadian recipes from coast to coast and the Great White North. In the midst of a camping trip in Squamish, British Columbia, Lindsay Anderson and Dana VanVeller decided that the summer of 2013 might be the right time for an adventure. And they knew what they wanted that adventure to be: a road trip across the entire country, with the purpose of writing about Canada's food, culture, and wealth of compelling characters and their stories. 37,000 kilometres later, and toting a "Best Culinary Travel Blog" award from Saveur magazine, Lindsay and Dana have brought together stories, photographs and recipes from across Canada in *Feast: Recipes and Stories from a Canadian Road Trip*. The authors write about their experiences of trying whale blubber in Nunavut, tying a GoPro to a fishing line in Newfoundland to get a shot of the Atlantic Ocean's "cod highway," and much more. More than 80 contributors--including farmers, grandmothers, First Nations elders, and acclaimed chefs--have shared over 90 of their most beloved regional recipes, with Lindsay and Dana contributing some of their own favourites too. You'll find recipes for all courses from Barley Pancakes, Yukon Cinnamon Buns, and Bannock to Spot Prawn Ceviche, Bison Sausage Rolls, Haida Gwaii Halibut and Maritime Lobster Rolls; and also recipes for preserves, pickles and sauces, and a whole chapter devoted to drinks. *Feast* is a stunning representation of the diversity and complexity of Canada through its many favourite foods. The combination of Lindsay and Dana's captivating journey with easy-to-follow recipes makes the book just as pleasurable to read as it is to cook from.

## Book Information

Hardcover: 304 pages

Publisher: Appetite by Random House (March 7, 2017)

Language: English

ISBN-10: 0147529719

ISBN-13: 978-0147529718

Product Dimensions: 8.3 x 1.2 x 10.3 inches

Shipping Weight: 2.4 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 6 customer reviews

Best Sellers Rank: #603,790 in Books (See Top 100 in Books) #42 in Books > Cookbooks, Food & Wine > Regional & International > Canadian #259 in Books > Travel > Canada > General

## Customer Reviews

â œI trust Lindsay Anderson and Dana VanvellerÂ to tell great stories, keep me entertained, andÂ teach me something about Canadian food that I wouldn't have learned anywhere else. InspiringÂ recipesÂ are the crux of this cookbook, but the personalÂ narrativesÂ are what make you want to read it cover to cover.â • â "Carey Polis, editor of BonAppetit.com Â â œFeast is a book that pulls the blinders off and lets us see the complexity of Canadian regional gastronomy. It's a book like this that makes me want to truly wander and appreciate this amazing country for all it has to offer.â • â "Hugh Acheson, chef and author Â â œCanadaâ™s cuisine is a giant, multicoloured tapestry that blankets the country from coast to coast to coast. And after journeying through this great land, Lindsay and Dana have woven together the many flavours they discovered into this beautiful book. Wrap yourself in its warm embrace!â • â "Chef Michael Smith Â â œFeast is a beautiful culinary adventure through Canada that you can take from your home kitchen. It will make you want to cook, explore, and maybe even book a ticket to go see those Manitoba polar bears for yourself!â • â "Molly Yeh, blogger Â â œReady to munch your way across Canada on a delicious voyage of discovery? This is the way to do it.Â What a fun bookâ "see the country while tasting its delights. And delights they are, from the exotic, like Bison Sausage Rolls and Reindeer Meatloaf, to what you thought was conventional but is far from it on this voyage, like Giant Lobster Rolls and Pan-Fried Whitefish (with Fireweed Jelly Beet Greens, of course!). And please, don't get me started on the sweet stuffâ "do the words â œCape Breton Butterscotch Pieâ • sound tempting? The hard content of this book comes with the recipes, but the real reward is the sense of travelâ "the diversity of a country from coast to coast to coast whose natural beauty is the envy of the world, and now the spectacular meals we put in front of us are too!â • â "Peter Mansbridge Â â œI have such respect for these two women who have shared their sense of humour, knowledge, and passion for Canadian cuisine. This is an amazing road trip, and an amazing book! I love this beautiful country so much, but if I ever forget, Feast will be an excellent reminder.â • â "Chef Lynn Crawford Â â œFeast showcases the diversity of our landscape and at the same time gives insight into the wild ingredients, products, climates, and cultures that coexist in our country. Congrats to Lindsay and Danaâ "what an incredible journey.â • â "Chef Daniel Burns, chef/owner of TÃrst Â â œWith passion and humour, Lindsay and Dana capture the essence of our countryâ™s diverse food culture and present it in an inspiring cookbook. Feast will forever change how you view Canadian cuisine.â • â "AimÃ©e Wimbush-Bourque, blogger and author of Brown Eggs and Jam Jars Â

Join Lindsay and Dana as they reveal a bounty that will scoot you into the kitchen to cook up a real Canadian feast. A must-read for anyone interested in food as it's enjoyed in Canada. —Elizabeth Baird

Originally hailing from Northern B.C. and Southern Ontario respectively, LINDSAY ANDERSON and DANA VANVELLER first met around an Okanagan campfire in 2011. They became fast friends, and began planning *Feast* just one year later. Avid cooks, writers, and photographers, this storytelling project allowed them to highlight Canada's vibrant and varied food culture.

Beautiful book. Only wish there was an index of recipes based by location.

This book is truly a feast for all your senses! I pre-ordered my copy, and was delighted that it arrived several days early. I spent much time perusing through it, enjoying the authors' witty banter and engaging stories just as much as the cultural aspect and delicious looking recipes. It really is so much more than a recipe book, and gave me a new perspective on areas of Canada that I have not yet visited, and an appreciation for those I have. Each recipe is photographed beautifully, which makes them all the more appealing. Even my ten year old son enjoyed it, exclaiming over several different recipes that "we have to make!". We made the Apple Butter Sorbet, and it was rich and delicious, with equal parts sweet and tart. You can tell the authors see the value of food for more than just sustenance, and although some might be time consuming, I love the idea of food as a way to bring people together while they spend time on a common goal - whether it's preparing it or consuming it. You definitely won't regret this masterpiece, and I predict my coffee table and my kitchen will be fighting over it for quite some time.

What a lovely tour of Canada- forkful by forkful. Energized by a sense of discovery and national pride, Anderson and Vanveller take us on an adventure from coast to coast, of this diverse and flavorful country. From Yukon Sourdough Buns, Cape Breton Caramel Pie and Reindeer Bacon - this is a spirited ride -complete with the homegrown photos of the authors themselves.

I have now purchased 4 copies- one for myself and 3 as gifts! It's a beautiful coffee table book, but also very practical as it contains plenty of recipes. The images are beautiful and the recipes range from fun to easy to exotic. There really is something for everyone and this book will keep you having fun in the kitchen (and impressing guests) for a long time! The authors are true foodies who

obviously have a passion for food. Highly recommend!

Beautiful photography and easy-to-follow recipes lead you into an adventure of food! With Canadian staples like Nanaimo bars, and more adventurous recipes like reindeer meatloaf, there's something for everyone. Great to buy your own copy and an extra to give as a gift!

Menus from the Great White North.100% Fattening :)

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